



# **MONDAY'S MOTIVATIONAL MESSAGE**

Moments of motivation designed to inspire

May 14, 2012

## **You'll be Stronger if it doesn't Kill You**

Adversity calls upon us to dig deep and look beyond the present, persevere through the obstacles, and remain steadfast. Most of us don't look forward to adversity, yet it is in these times where we do seem to learn the most. Think about the last time you failed at something or had a tremendous struggle. How did you move through it and what did you learn from it? If the hardship doesn't kill you, it will make you stronger.

